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Level 1 Mental Health Skills Training

Open to General Practitioners, Registrars and Practice Nurses

Co-morbidities are managed in nearly 1 of 3 general practice consults. With co-morbidities often complicating diagnosis and management, care can be challenging.

This six hour workshop will provide GPs and practice nurses with knowledge and skills to effectively manage patients with co-morbid physical and mental health issues. Participants will gain skills in conducting a Mental Health Treatment Plan, and increase their ability to provide a variety of strategies and techniques effective for managing co-morbidities, including:

- Psycho education.
- Solutions-focused therapy.
- Behavioural activation.
- Relaxation and mindfulness.
- Use of medications in combination with psychotherapeutic techniques.

Facilitator: Dr Robert Segal

When: 8.30am to 4.30pm - Saturday 17th March 2012

Where: Mercy Function Centre, Ursula Frayne Unit, Thirlmere Road, Mt Lawley

RSVP: Friday 2nd March 2012. To register, please complete details at the back of this Update and fax to 9279 8221 or email reception@ppcn.org.au. Alternatively, click on the following link to access the flyer: <http://ppcn.org.au/wp-content/uploads/Mind-the-Gap-Flier.pdf>

This activity is a Level 1 Mental Health Skills Training session accredited by the RACGP QI&CPD program for 40 Category 1 points (Activity Number 755375), accredited with ACRRM for 30 core PDP Points and endorsed by RCNA and APNA.

For further information, please phone Kerry on 9376 9200 or email reception@ppcn.org.au

Vaccination: The Reality

6pm to 9pm Wednesday 28th March 2012

The Rise Function Centre, 28 Eighth Avenue, Maylands

Presented by Chris Blyth, Paediatrician

GPs and Practice Nurses are invited to attend a **free** educational evening discussing the reality of vaccinations.

Topics to be covered include:

- Keep informed, with an insightful presentation from Dr Chris Blyth, one of Perth's leading paediatricians.
- Learn more about vaccine safety – the answer you want!

Chris Blyth is a clinical academic with the School of Paediatrics and Child Health (University of Western Australia), a Consultant Paediatric Infectious Diseases Physician and Clinical Microbiologist (Princess Margaret Hospital for Children), and Honorary Research Fellow at the Telethon Institute for Child Health Research.

Chris's major research interests include the epidemiology, diagnosis, treatment and prevention of emerging pathogens causing respiratory disease in children and adults.

To register, please either complete details on the back of this Update, visit our website www.ppcn.org.au and click on the "event calendar" for further information or click the following link to access the registration flyer: <http://bit.ly/z47RE8>

**This activity has been allocated 3 RCNA CNE points and RACGP points have been applied for.
Catering provided**

Weekly Update

21 February, 2012

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StreetDoctor Showcase Dinner

GPs have you ever wondered about the logistics of running a general practice from a truck? Do you have an interest in community health and a passion for helping homeless and marginalised populations? Would you like to see the StreetDoctor service in action and find out what it's really like to work on the streets?

Then come along to a dinner, presentation and viewing of the StreetDoctor service in action on **Tuesday 27th March 2012** starting with canapes from 6.30pm to 7.30pm at the Seasons of Perth Hotel (pool side) 37 Pier Street. Wander down to the corner of Wellington and Pier Streets with one of our StreetDoctor staff members to view the service at leisure, ask questions and get a general feel for it. Dinner will be served from 7.30pm at the Seasons of Perth Hotel, Arabella Room, 1st floor and include a short presentation on the service.

To register, please complete details on page 7 of this Update and fax back to 9279 8221 or email reception@ppcn.org.au. Alternatively, please click the following link to access a registration flyer: <http://ppcn.org.au/wp-content/uploads/StreetDoctor-Showcase-Flyer.pdf>

Don't miss this wonderful networking opportunity!



Don't Miss Out on Your Immunisation Update

Practice Nurses - make sure you keep your immunisation certification up-to-date.
Unfortunately PPCN are unable to run an immunisation certification update for nurses this year so please take advantage of the immunisation updates available below:

www.wapna.org.au
WAPNA SEMINAR

8.30a.m to 4.50pm Saturday 10th March 2012

F.J. Clarke Lecture Theatres, Block P, Sir Charles Gairdner Hospital, Nedlands

Morning session: Immunisation update which will meet the requirements for continuing competencies.

Afternoon session: CVD, obesity and rehabilitation; Home & Community Care (HACC); Aged Care Assessment Team (ACAT)

Please contact Rosemarie Winsor phone 0449 256 648 or email rosiern52@gmail.com for a registration form and map or enquiries.

Activity attracts 6 RCNA APEC CPD points
\$55 for members; \$75 for non-members
RSVP and payment to be made by 2nd March 2012

PPCN publications are available online at www.ppcn.org.au. Please forward articles for inclusion to edpub@ppcn.org.au
48A James Street, Guildford 6055; Telephone 9376 9200; Fax 9279 8221

If you would like to provide feedback, please visit the following link: <http://ppcn.org.au/ppcn-feedback-survey/>

PPCN events are clearly identified, information on other activities provided as a service to members.

General Practice Nurses Clinical Update

(8am registration) 8.30am to 1pm Tuesday 13th March 2012 - morning tea provided
Princess Margaret Hospital, Roberts Road, Subiaco
Cost: Internal participants - no charge; External participants - \$33.00

Recommended for practice nurses who wish to enhance their knowledge and skills in paediatric conditions. Topics may include but not limited to:

- Paediatric differences and common presentations.
- Common ear problems and ear syringing.
- Eating disorders.
- Bites, rashes and head injuries.
- Allergy, immunotherapy and Epipens.

For further information or to register, please contact the Department of Paediatric Nursing Education, phone 9340 8926 or email pnh.sd@health.wa.gov.au.

This activity attracts 4 RCNA CNE points

Chronic Disease Management - Module One

6.30pm to 9pm Thursday 8th March, 2012
Piney Lakes Environmental Education Centre, Leach Highway (Cnr Murdoch Drive) Murdoch 6150

Guest Speaker: Denise Puddick, Registered Nurse

As the burden of chronic disease is growing rapidly and the need for nurse-led clinics to be successfully implemented, Pfizer has teamed up with Key Health Care Professionals to deliver a series of four educational events which will run once a month. The aim of these educational events will be to help your practice and the practice team prepare for the introduction of clinics.

These meetings will be approximately 2 hours per session with pre-disposing activities planned for each one. The sessions will aim to cover:

- The purpose of GP Management Plans and Team Care Arrangements.
- Medicare requirements for item number billing in relation to chronic illnesses.
- Practice Incentive Payments and Service Incentive Payments.
- Annual cycles of care.
- Templates.
- Data extraction tools.
- Setting up registers.
- Collaborating with allied health workers.
- Patient education.
- Recall and reminder systems.

An important factor in the success of these clinics is the support of GPs and the Practice Manager within each practice. With this in mind, it would prove beneficial if a GP and the Practice Manager as well as interested nurses register and attend each workshop.

Please RSVP by Thursday 1st March 2012 to 1800 960 688. For further information, contact Monica Kempson, Pfizer on 0417 499 514.

Gender Identity Disorder (GID)

Doctors with patients with GID may be interested to know that psychologists and GPs meet regularly to talk about care for this group under the Mental Health Providers Network. Any interested GPs are welcome to email rowena@shentongp.com.au or contact Geoff Ward - G.Ward@mhpn.org.au to be placed on GID's mailing list.

Gender Identity Disorder's next meeting is 20th March 2012
at the previously named Family Planning Association offices in Northbridge.

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News from Sir Charles Gairdner Hospital

Clinical Services Directory

The Clinical Services Directory for SCGH has recently been updated. The Directory lists services provided by SCGH and who to direct referrals to. A pdf version is available at:

http://www.scgh.health.wa.gov.au/Clinicians/pdf/SCGH_Clinical_Services_Directory.pdf

Important phone numbers:

Emergency Department GP hotline	1800 247 205 or 9346 4266 Fax: 9346 2620
PathWest (Test Results) (all hours)	13 7284 (13 PATH)
SCGH Switchboard	9346 3333
Medical Record Information (including test results) (24 hours / 7 days)	
• GP Desk	9346 1624 (8am - 4pm Monday to Friday) 9346 4752 (after hours) or Fax 9346 3523

Early discharge of patients with Pulmonary Embolus from SCGH

As from 1st February, SCGH commenced trialling early discharge of patients with low risk Pulmonary Embolus. Instead of being treated in hospital, they will receive the same treatment at home from SCGH's "Hospital in the home service". Patients will be referred back to their GP once their INR is stable. GPs will be notified when their patient has been entered in the trial. GPs will be asked to inform the trial coordinators if their patient has any significant complications within the first 90 days.

SCGH Outpatient Referral information: <http://bit.ly/ztG3bV>

SCGH Outpatient Referral Form: http://www.scgh.health.wa.gov.au/Clinicians/GP_Liaison_Service.html

For further information, please contact Dr David Oldham, Sir Charles Gairdner Hospital GP Liaison via email david.oldham@health.wa.gov.au or phone 0403 009 387.

CVC Program: Get Your Questions Answered

Question: Who do I contact for assistance?

Answer: For information and assistance relating to the CVC Program you can contact the CVC Program Helpline on 1300 550 597 or info@cvchelpine.net.au OR go to the web address www.dva.gov.au/cvc.htm and follow the link to the CVC Program.

For assistance relating directly to Department of Veterans Affairs (i.e. CVC Program Claiming) you can contact DVA Help on cvcadmin@dva.gov.au.

To find information and complete the online training modules go to the web address www.cvcprogram.net.au or for a hard copy contact AGPN on (02) 6228 0850.

Next week's question: Who is eligible for the CVC Program?

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General Practitioner - StreetDoctor

Perth Primary Care Network (PPCN) is a not-for-profit organisation in the primary health care industry. PPCN operates a mobile medical service, known as the 'StreetDoctor', which takes primary healthcare to the marginalised populations of Perth. The service has been established since 2001 and has gained recognition from both professional peers and patients alike.

The service is a mobile, easily accessible, confidential, non-judgmental and non-discriminatory bulk-billing primary health care service. It is fully computerised, accredited, has highly developed work processes, and is equipped with modern equipment. The service attends several different sites around central Perth and the eastern suburbs where it provides homeless and disadvantaged populations access to primary health care that may otherwise not be accessible for a number of reasons.

We are currently seeking experienced Vocationally Registered General Practitioners who have an interest in community health and have a true passion for helping people in need. There are various shifts that we are currently seeking to fill on weekdays, weeknights, and Saturday evenings.

This position offers an opportunity to work in an environment where your work really does make a difference to people's lives. You will be working alongside a highly committed team, including (depending on the shift) a practice nurse, an outreach worker, a social worker and a psychologist, all in a pleasant and professional working environment.

For more information please contact Tracey Snowden, Human Resources Manager on 9376 9200 or visit our website at www.ppcn.org.au. To apply please send your resume to hr@ppcn.org.au.

Employment Opportunities

- **FT/PT VR GP required** for fully computerised accredited busy practice in Ellenbrook. Attractive remuneration with physio, podiatrist, psychologist, psychiatrist and pathology on-site. Please contact Colleen on 9297 2555 or email ellenbkmc@bigpond.com.au.
- **Locum required** for June/July/August. Fully accredited busy Wembley General Practice. Enquiries to Dr Leon Levitt on 9387 2000.
- **RN/EN required** for busy accredited family-oriented, paperless practice. Hours: Tuesdays and Fridays from 8am to 5pm. If you are dynamic, efficient, full of life and get on well with a wide range of people then we want you! Please call Anna on 9249 1311 or email your CV to anna@ballajuramedical.com.au.
- Flexible and dedicated **Registered Nurse P/T required** to complement a busy, friendly GP Hills practice. Ability to cover sick and annual leave desired. Please forward CV to the Practice Manager altonm@inet.net.au or fax 9295 1935.
- **Medical Receptionist part-time required** approximately 15 to 20 hours per week plus some Saturday mornings. Experience preferred. View Street Medical, North Perth. Phone Val or Helen on 9227 0170.
- **Are you a doctor looking for work one day a week?** Doctor needed to perform pre-employment, insurance medical, dive medicals as well as other assorted medicals. Practice located in Perth CBD, well supported with GPs and nurses, friendly staff and good remuneration. Hours 8.30am to 5pm. This position is one day a week on an ongoing basis. Doctor is not required to have a Medicare provider number. Call or text Graham on 0403 070 880.
- **Female GP F/T or P/T required** for Helena Valley. The practice is fully computerised, well equipped, accredited with nursing and admin support. Purpose built spacious work environment, supportive and friendly team. On-site pathology and psychologists available. Attractive remunerations. Email expression of interest to hemcadm@bigpond.net.au or call the Practice Manager on 9374 0083.
- **GP required.** Hours negotiable with guaranteed 6-8 weeks holidays per year. We are a friendly six doctor (3 male, 3 female) private billing, non-corporate practice on the Bedford/Inglewood boundary. Generously staffed, including practice nurse and pathology on-site. Phone Steve, Carl or Jeremy on 9271 9311 or email salisburymed@inet.net.au
- **Casual RN required** by Helena Valley Medical Centre. 10 to 15 hours per week, minimum 3 weeks. To apply, or for more information, please phone Emma on 9255 1161.

.... continued page 6

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Employment Opportunities (continued)

- **Medical Receptionist** (experienced) required for Oxford St Medical Centre in Leederville for 15 to 30 hours per week, plus holiday and sick relief as required. The job requires the ability to work independently, attention to detail, reliability, good computer skills and a smile. In return, the practice offers a professional team, happy work environment, lovely patient base and great coffee. Please send your CV and covering letter in confidence to caroloconnor@westnet.com.au
- **FT/PT energetic young doctor required** for non-corporate general practice in Wembley. Practice Nurse and adjacent services include physio, dietitian, psychologist and podiatrist. Please phone Pauline on 9381 9010.
- **VR GP** required for accredited, newly renovated and well equipped practice in the Western suburbs. Fully computerised, with full-time nursing staff, a Mental Health Nurse, onsite pathology, and Health Promotion Team. Sessions negotiable - no evening or weekend work required. Please contact Judi Hicks, Practice Manager, on 6488 2118 or email judith.hicks@uwa.edu.au for further information.
- **Practice Nurse (RN) required 15 hours per week** (spread of hours negotiable - no evening or weekend work). The University Medical Centre at UWA in Nedlands is an accredited, well-equipped and fully computerised practice which has been recently renovated to a high standard. Good rates of pay and superannuation. Please contact Judi Hicks, Practice Manager, on 6488 2118 or email judith.hicks@uwa.edu.au for further information.
- **GP required SUBIACO** - position available in friendly, busy practice, hours negotiable with up to 10 sessions/week available. No evenings or weekends. Accredited, computerised non-corporate practice. Current team includes a Practice Nurse, Mental Health Nurse, on-site pathology and pharmacy next door. This position replaces retired GP, immediate patient load available with excellent growth. This is a fantastic opportunity to establish a career in this area. Please phone Jenette or Jenni on 9381 7004, mobile 0414 282 595, or email jenette@haystreetmedical.com.au.

PPCN Event Registrations

Please register me for the following event(s):

- Level 1 Mental Health Training - Saturday 17th March, 2012
- StreetDoctor Showcase Dinner - Tuesday 27th March, 2012
- Vaccination: The Reality - Wednesday 28th March, 2012

Please fax completed form back to 9279 8221 or email reception@ppcn.org.au

Name: _____	PLACE PRACTICE STAMP HERE
RACGP No: _____	
Practice Name: _____	
Phone No: _____	
Fax No: _____	
Email: _____	
Special Dietary Requirements: _____	

Please note, cancellations made **less than 48 hours** before the event or **failure to attend** will incur costs