

How much does it cost?

A +75 Health Assessment is FREE* as it is a service covered by Medicare.

Your GP will bulk bill you for the service.

*Check with your GP to confirm how they bill for a Health Assessment

Are you 75 years old or over?

Health Assessment

Patient Information

Please Contact:

Perth Primary Care Network
48A James Street
Guildford WA 6055
PO Box 354
GUILDFORD WA 6935

Phone: (08) 9376 9200

Fax: (08) 9279 8221

Email: reception@ppcn.org.au

Our office is open from
8.30am to 4.30pm weekdays



What does the Health Assessment Involve?

The aim of the health assessment is to identify health issues and conditions that are potentially preventable or controlled through interventions to improve health and quality of life.

The Health Assessment, done by your GP and/or nurse may involve:

- ◆ Information collection:
 - » Updating patient details.
 - » Arranging examinations and investigations if required.
- ◆ Discussion over whether or not you have seen any other doctors or health workers in the last six months.
- ◆ Medication assessment.
- ◆ Immunisation status.



- ◆ Providing advice and information to the patient as needed in areas such as:
 - » Living arrangements.
 - » Home help.
 - » Home safety.
 - » Social support.
 - » Mobility.
- ◆ Review and advice regarding:
 - » Smoking.
 - » Alcohol.
 - » Nutrition.
 - » Exercise.
- ◆ Your recent health.
- ◆ Chance for you to ask any questions you may have regarding your health.



Why would your GP suggest a health assessment for you?

- ◆ Your GP or nurse may suggest a Health Assessment for you to assist you to maintain good health.
- ◆ The assessment allows your GP to take specific notice of areas which are hard to cover in a normal consultation.
- ◆ A Health Assessment also provides you with an opportunity to raise any concerns that you may have about your health e.g. sleeping or hearing difficulties, nutrition, etc.